

## 5

## SOMMERFERIEN 11. – 17. AUGUST 2025

|    |               |                     |            |
|----|---------------|---------------------|------------|
| MO | 09:00 – 10:00 | YOGA                | ANJA       |
|    | 12:00 – 13:00 | LATIN DANCE & TONE  | INA        |
|    | 18:30 – 19:30 | PUMP                | STEFFI     |
| DI | 09:00 – 10:00 | YOGA                | CLAUDIA    |
|    | 18:15 – 19:30 | CORE                | JACQUELINE |
| MI | 06:30 – 07:20 | JUMP & TONE         | MAJA       |
|    | 09:00 – 10:00 | LATIN DANCE & TONE  | INA        |
|    | 18:45 – 19:45 | PUMP                | STEFFI     |
| DO | 09:00 – 10:00 | YOGA PILATES FUSION | SERAINA    |
|    | 18:15 – 19:15 | HATHA YOGA          | ANJA       |
| FR | 09:00 – 10:00 | YOGA FLOW           | MICHAELA   |
| SA | 09:15 – 10:15 | CORE                | JACQUELINE |
|    | 10:30 – 11:30 | PUMP                | ANITA      |
| SO | 10:30 – 11:20 | HIIT                | IDAEL      |
|    | 11:30 – 12:30 | LATIN DANCE         | IDAEL      |
|    | 17:00 – 18:30 | LATIN DANCE & TONE  | INA        |

ALLE DATEN SIND IN UNSERER APP - JEDEN TAG AKUTELL:

- BITTE IMMER EINSCHREIBEN!
- ALWAYS SIGN IN FOR CLASSES

