

2

SOMMERFERIEN 21. – 27. JULI 2025

MO	09:00 – 10:00	YOGA	ANJA
	12:00 – 13:00	LATIN DANCE & TONE	INA
	19:30 – 20:30	PUMP	STEFFI
DI	09:00 – 10:00	PILATES	SERAINA
	18:15 – 19:15	CORE	JACQUELINE
MI	06:30 – 07:20	JUMP & TONE	MAJA
	18:45 – 19:45	PUMP	STEFFI
DO	09:00 – 10:00	YOGA PILATES FUSION	SERAINA
	18:15 – 19:15	HATHA YOGA	ANJA
FR	09:00 – 10:00	YOGA FLOW	ANNEMIE
SA	10:00 – 11:00	CORE	JACQUELINE
SO	10:30 – 11:20	HIIT	IDAEL
	11:30 – 12:30	LATIN DANCE	IDAEL

ALLE DATEN SIND IN UNSERER APP - JEDEN TAG AKUTELL:

- BITTE IMMER EINSCHREIBEN!
- ALWAYS SIGN IN FOR CLASSES

