

4

SOMMERFERIEN 4. – 10. AUGUST 2025

MO	09:00 – 10:00 18:30 – 19:30	YOGA PUMP	SERAINA STEFFI
DI	09:00 – 10:00 18:15 – 19:15	YOGA CORE	MICHAELA JACQUELINE
MI	06:30 – 07:20 09:00 – 10:00 18:15 – 19:15	JUMP & TONE YOGA BODYTONING	MAJA MICHAELA MAJA
DO	09:00 – 10:00 18:15 – 19:15	YOGA PILATES FUSION HATHA YOGA	SERAINA ANJA
FR	09:00 – 10:00	YOGA FLOW	MICHAELA
SA	FULLMOON PARTY MIT DJ YZ-VISION LIVE 09:00 – 10:00 10:00 – 11:00 11:00 – 12:00	HIIT CORE FUNCTIONAL	YASIN MAJA JACQUELINE ANITA & STEFFI
SO	10:30 – 11:20 11:30 – 12:30	HIIT LATIN DANCE	IDAEI IDAEI

ALLE DATEN SIND IN UNSERER APP - JEDEN TAG AKUTELL:

- BITTE IMMER EINSCHREIBEN!
- ALWAYS SIGN IN FOR CLASSES

